



Académie Hillcrest Academy

265, rue Bladen, Laval, QC – H7W 4J8
450-688-3002

HILLCREST ACADEMY TEAM

Mary Lazaris

Principal

Ext: 5410

mlazaris@swlauriersb.qc.ca

Véronique Bond

Vice-Principal

Ext :5411

vbond@swlauriersb.qc.ca

Sandie Szaniszlo

School Secretary

Ext:5415

sszaniszlo@swlauriersb.qc.ca

Tracey Molloy

Secretary

Ext:5421

tmolloy@swlauriersb.qc.ca

Sabrina Valletta

Interim Daycare Tech

Ext:5420

svalletta@swlauriersb.qc.ca

Carmela Andradi

After School Activities

haafterschool@outlook.com

Web page: <https://hillcrest.schoolqc.ca/>

Facebook: <https://www.facebook.com/Hillcrest-Academy-718102084989710/>

IMPORTANT

PARENTS MUST AVOID MAKING DISMISSAL CHANGES.

These cause safety concerns for all students and delay bus dismissal.

In urgent cases,

PARENTS MUST CONTACT THE OFFICE BEFORE NOON for any dismissal changes.

BUS TRANSPORTATION or PICK-UP: (450) 688-3002 ext. 5421 / 5415

DAYCARE (450) 688-3002, ext. 3

Student Name: _____

Homeroom #: _____ Homeroom Teacher: _____

SCHOOL HOURS

Start of School	Morning Recess	Lunch	PM Recess	Dismissal
8:55 AM	11:07 AM - 11:27 AM	12:29 PM - 1:19 PM	2:21 PM - 2:41 PM	3:43 PM

It is important that students **arrive at school on time** daily and respect the teaching hours. Late arrivals disrupt the learning environment.

ARRIVAL AND DISMISSAL

Safety first! During arrival & dismissal times, students must be dropped off and picked up on the school side of CLEMENCEAU OR RENÉ COTY at the designated area for cars. Do not drop off students prior to the supervised time of **8:45 AM**. Parents are not permitted in the bus lane, only students. In the afternoon, the pick-up gate is open from **3:43-3:58 PM**.

Students are **not permitted** to be dropped off at the front office before 8:55 AM. If they need to leave early they should be signed out before 3:15 PM.

For security reasons, students must not cross the street alone and are not permitted to walk alone to parked cars. All traffic signs and road regulations in the school zone must be respected. As well, we wish to respect the neighbours and ensure that driveways are never blocked.

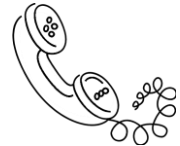
Cars are NOT permitted in the bus lane. The Laval police are vigilant and do not tolerate double parking. Please note that the school parking lot is reserved for staff members only.

CONTACTING THE OFFICE

The school office is open from 8:15 AM – 4:15 PM

To contact the school, please call: **(450) 688-3002**.

Please do not telephone the school to relay messages to your children, except in emergency situations.



You may contact us by email. Please see the list of staff emails available on our school website. **Please remember the teacher is always your first level of communication.** He or she can be reached via your child's agenda, by email, phone or any other means established by your child's teacher.

Students arriving after 8:55 AM must sign in at the front office accompanied by a parent.

ABSENCES

It is the **responsibility of the parents** to advise the school **before 9:00 AM** if their child will be late or absent. Please leave a message on the answering machine at (450) 688-3002 ext. 5421 or email the secretaries. Please make sure you state the reason for the child's absence so that we may keep track of potential outbreaks of the flu or any other ailments.

EARLY DEPARTURE

Parents must advise the school, in writing, if their child must leave early. A valid reason is required. Please use your child's agenda book and **tell your child to show it to their teacher as soon as they get to school**. If an emergency arises, you **must call the school before noon** so that we can advise the teachers.

STUDENT HEALTH

Hillcrest does not have a full-time nurse at the school. For the health of our school community, it is essential that sick students **remain at home**. Parents are asked to make sure that their child is well enough to come to school. Once in school, every student is to participate in all activities including outdoor recess, unless a medical note stipulates otherwise.

Parents will be contacted and are expected to pick up the student that is unable to stay in school due to **illness, injury or fever**. The office phone is **not** for student use, the school secretary will phone home for any urgent matter.

For further information regarding health concerns, please contact the CLSC du Ruisseau-Papineau at 450-682-2952.

We cannot administer medication without a doctor's prescription

In order to administer prescription medication (including Tylenol or Advil) to a child we require written authorization (form will be given to the parent if needed). Medication must be in a labelled container with a prescription, indicating the child's name, name of medication and dosage, etc.

EXTENDED ABSENCES

It is important that children attend school regularly and be on time for class throughout the school year. Extended absences are detrimental to a child's progress. Please schedule holidays during the holiday periods indicated on our school calendar. It **is not** possible for teachers to prepare a "Vacation Homework Package" as learning is built into the day-to-day activities taking place in the class.

EMERGENCY CONTACT

The student health form with medical information must be completed by the parent for each student. Mobile and work numbers are required in order to communicate with the parents, a relative or a neighbour that can take care of the student in the event of an illness should also be noted. If any contact information should change, please notify the office.

EMERGENCY SCHOOL CLOSURES

Once the decision is made to close schools, the school board will immediately:

- Post the list of schools/centres closed on the SWLSB website's homepage www.swlauriersb.qc.ca
- Post the information on the SWLSB Facebook page
- Advise on the Sir Wilfrid Laurier School Board mobile app (you must download the Sir Wilfrid Laurier School Board app on the Apple Store or Google Play to receive notifications).
- *Various radio and television networks are informed but please note that we have no control over the message that is announced.*

RECESS REGULATIONS

All students will be required to go outside during the morning and afternoon recesses and the lunch recess. Students are to always dress appropriately for the **weather** and wear boots, snow pants, gloves and a hat during the cold months and slushy periods. Students must wear a pair of **outdoor shoes** to play outside. It is recommended that all students keep a clean **change of clothes** at school. Students will remain indoors in the case of rain or severe weather conditions.

Only students with a written **medical notice** explaining a serious health condition will be permitted to remain indoors.

LUNCHTIME

Students must bring a **healthy** lunch and snacks to school. A hot meal supplied by Traiteur Scolaire Merenda may be ordered in advance for a cost. See monthly order forms for menu choices. For more information, and to place your ONLINE order you may visit www.traiteurmerenda.com . Please note that microwaves are not available. Please be advised, fried foods are not permitted in school i.e. McDonald's fries.



HILLCREST ACADEMY GOOD NUTRITION STATEMENT *Approved by the Governing Board – 06/13*

Hillcrest Academy is dedicated to promoting a setting that fosters good eating habits. The staff and administration encourage all students to eat healthy foods. Please provide a **nutritional** lunch and snack for your child to enjoy: *yogurt, cheese, fruits, raw vegetables, low-fat breads, whole-grain cereals, rice cakes, dried fruits or granola*. Also, visit Health Canada Smart Snacking at <http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/using-utiliser/snacks-collations-eng.php>

NUT-FREE ENVIRONMENT

Foods containing nuts or peanuts are **NOT permitted** and lunches or snacks must not be shared. Students should not bring soft drinks, fast foods, chocolate bars, candies, chips or other sugary snacks.

TCBY AND PIZZA FUNDRAISING

Once a week, students can order and enjoy a **frozen yogurt and/or pizza**. Orders can be made online at <https://campscui.active.com/orgs/AssociationFoyerEcoleAcademieHillcrest?orglink=camps-registration>. All TCBY proceeds go towards the purchase of occupational therapy equipment to assist students with special needs or difficulties.

UNIFORM AND PERSONAL PROPERTY

The Hillcrest Academy Governing Board has mandated a **uniform policy** for all students. The uniform supplier is Top Marks. You may visit www.topmarks.ca for more information.

OUR UNIFORM INCLUDES:

- White or light blue polo with school crest (long/short sleeve)
- Mock neck sweater
- Navy cardigan
- Navy pants, Bermuda shorts, tunic or skirt
- White or navy socks
- Comfortable **indoor shoes AND outdoor shoes** (All students must practice and learn to tie shoelaces at home. Shoes with Velcro are highly recommended)



Students are to dress **appropriately for the weather**. We recommend that students keep a clean **change of clothes** at school. Parents should ensure that ALL articles of clothing, winter wear and school items be **labeled** with the student's name. Having a school uniform means that all students have identical clothing; labels with **nametags** are essential in helping to identify items. Belongings often get misplaced and students are encouraged to look in the *lost & found* box if they have lost an item.

ITEMS NOT PERMITTED

Clothing with stripes, logos, jeans, track pants, leggings, jeggings, short skirts/shorts, low-cut tops, flip-flops, open-toe sandals, shoes with wheels, bright colored or flashing shoes, high heels/platforms, visible makeup, bright hair colour, facial piercing, long or large loop earrings, caps (indoors), leather footballs, chewing gum, toys, cell phones, cameras, MP3 players, smart watches etc.

PHYSICAL EDUCATION

Students are responsible for wearing the proper P.E. uniform. For hygienic purposes, students in grades 5-6 cannot wear their **phys. Ed. clothes** for the rest of the day and are to bring a change of clothes (*as mentioned in the school supplies list*).

- White or light blue T-shirt with school crest
- Navy blue shorts or jogging pants
- Non-scuffing athletic *indoor* running shoes (*for safety and hygiene*)—please refer to the school supplies list for more information regarding appropriate physical education footwear.

To ensure safety and avoid loss/damage, electronic devices as well as any item viewed as unsafe or inappropriate will be confiscated by staff members.

HOMEWORK

Hillcrest places emphasis on the acquisition of both English and French language skills and the development of competencies associated with other subjects. Students learn to complete assignments, meet deadlines and develop study skills. Through homework assignments, parents are provided an opportunity to be part of their child's school life and to recognize the value of home-school collaboration.

Students are responsible for their homework assignments. They are expected to **complete homework well and on time. Reading is the most essential skill necessary for school success and is an expected aspect of each student's daily homework.**

LIBRARY

All students have regularly scheduled library period. Although we do not assess fines for overdue books, all parents are asked to ensure that books are returned promptly and remain in good condition.

- Students are able to borrow books for one week.
- Books must be returned on time and may be renewed, if needed.
- A fee will be charged for lost or damaged books.

BUS TRANSPORTATION

Students within the school zone of Hillcrest Academy have transportation services. At the beginning of the year, these students will receive a pick-up and drop-off schedule from the Sir Wilfrid Laurier School Board Transportation Department.

Each student will be assigned a morning and afternoon bus stop. The morning bus stop can be different from the afternoon bus stop provided that it is the regular stop five days a week. Students are not permitted to change bus stops on alternate days, weeks or months.

Students with bus services may also attend the daycare on certain days provided that the student follows a **regular weekly schedule**. These arrangements are made prior to the beginning of the school year and the parent must provide a letter with the outlined schedule.

Students may only board their usual school bus and cannot request a change of bus stop to attend another child's home. It is the parents' responsibility to write a note and make private transportation arrangements to accommodate such needs.

BUS SAFETY

Students must be at the bus stop 10 minutes ahead of schedule and never play in the street while waiting. Students must get to their seat quickly and keep the aisle clear. They must walk a safe distance away from the bus so the bus driver can see them and check both ways to cross the street with caution; never run.

Students must respect the bus safety rules. The driver will issue **bus tickets** to students that do not exercise safe behaviour on the bus. Students with a bus ticket must report to the office to obtain permission to board the bus. Students with 3 bus tickets or more will receive a 3-5 day suspension from the bus. After 3 suspensions, your child risks being expelled from using the bus services.

SCHOOL BOARD POLICY

CHANGING THE REGISTERED SCHEDULE FOR BUS SERVICE AND DAYCARE IS NOT PERMITTED.

With advance notice, any changes in the dismissal schedule can only be made twice during the school year and these can only begin after the Christmas break and the Spring break.

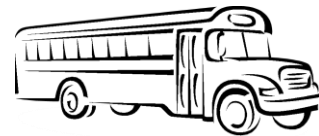
DISMISSAL CHANGES CAUSE SAFETY CONCERNS for all students and delay bus dismissal.

In urgent cases,

PARENTS MUST CONTACT THE OFFICE BEFORE NOON for any changes to end of day

BUS SAFETY RULES:

- REMAIN SEATED.
- Listen to the bus driver.
- Use a calm voice and polite language.
- Keep hands and objects to yourself, also away from windows.
- Resolve conflicts with respect.
- Keep the area clean.
- Don't eat or drink on the bus.
- Never tamper with the emergency exits.



AFTER-SCHOOL ACTIVITIES

Hillcrest Academy is proud to offer a wide range of after-school activities such as Greek, Hebrew, Basketball, Soccer, Floor Hockey, Cooking, Karate, and Yoga (*list subject to change*). Parents may register their child for the activity sessions. Details regarding schedules and costs are available by visiting our school website during the registration periods.

For further information, please contact: Carmela Andradi at: haafterschool@outlook.com



REMINDER

To ensure safety, educators verify attendance of every student registered for an activity. **PARENTS MUST CONTACT THE OFFICE before NOON**, when the student will **NOT be attending.**

Tel: 450-688-3002 ext. 5415

FIELD TRIPS

Field trips are organised by teachers and serve to enrich the learning experience of the students. They are linked to the curriculum. The cost of each field trip will vary. Students may participate in an activity if signed **permission slips** are returned by the due date along with the payment. Students must be dressed appropriately for the outing and a fully disposable lunch must be provided for all-day trips.



SCHOOL FEES

All school fees and daycare fees are an important source of funding that provides the materials and resources needed to offer students a quality education. These payments are the responsibility of the parent and must be paid in full at the beginning of the school year. You may contact the Principal if you require a payment plan. Payment of **school fees** may be made by cash, Debit, Visa, MasterCard, or **ONLINE**. School fees which remain unpaid by May 15th of the current school year will be sent to a collection agency. Daycare fees may be paid by cash, cheque (payable to SWLSB), Debit or **ONLINE**.

DAYCARE

REGULAR SCHOOL DAY			Pedagogical/ Professional Days	Holidays Closed
Morning	Lunch	Afternoon		
7:00 AM - 8:50 AM	12:29 PM - 1:19 PM	3:43 PM - 6:00 PM	7:00 AM - 6:00 PM	

At the Hillcrest Daycare, our goal is to maintain a quality daycare service. The daycare offers arts & crafts, games, movies and outdoor activities. The daycare is open on pedagogical days and the service is available to all registered daycare Hillcrest students. Reservation is needed for each individual pedagogical day. There may be additional costs for art teachers or specific animators. Please note proper behaviour is expected from ALL students, after three warnings of misbehaviour a child will be expelled from Daycare or an After School Activity.

Regular flat rate: Min. 3 days per week users will be charged the rate according to the Ministry

Part-time rate: max 2 days per week of regular attendance- \$12.50 (AM, PM, or both)

Occasional rate: \$ 14.00 /day (AM, PM or both).

Please note that fees will be charged for late pick-ups after 6:00 PM.

For registration, please contact the Daycare Technician at **450-688-3002 ext. 3**

HOMEWORK DURING DAYCARE

The daycare service offers homework support after school and provides students with an appropriate place in which to work within a set period of time (20-30 minutes—*students registered in after-school activities might miss out on the homework period*). Students without homework are required to read. Students and parents remain responsible for homework completion, follow up and agenda signatures.

PARENT/TEACHER COMMUNICATION

August 29, 2019 Meet the teacher night
November 21, 2019 Parent/Teacher night
March 19, 2020 Portfolio Night



In addition to these set dates, should you have any concerns regarding your child, you may leave a message, email or set an appointment time in order to communicate with a teacher. Working hours are from 9:00 AM to 4:00 PM during which teachers are in the presence of students and may not have access to emails or telephones. Teachers may verify messages outside of these hours and will do their best to respond within a few days at the discretion of their schedule.

Please note that in order to maintain positive, productive and collaborative exchanges between staff members and parents; we expect all communications with our staff to be done in a respectful manner. **Intimidation or verbal abuse** of any kind will not be tolerated towards staff members or school professionals, and will be reported.

VOLUNTEERS

Hillcrest Academy greatly appreciates the support of volunteers in helping with student activities. **All NEW VOLUNTEERS must complete the annual *Judicial Record Declaration form* available on the school website.**

Volunteers and guests must wear a *volunteer badge* and are required to *sign-in/sign-out* upon arrival and departure. Volunteers are expected to stay in the area of the school or yard in which they volunteered to assist. Volunteers should refrain from discussing their child's progress with the teachers; please make an appointment, if needed.



For safety reasons, during student dismissal after any event, volunteers should wait outside at the main entrance. Notification must be made 24 hours in advance if you are changing the regular dismissal schedule of your child.

IN ALL CIRCUMSTANCES, VOLUNTEERS MUST SIGN-OUT THEIR CHILD UPON EARLY DEPARTURE IN THE BOOK PROVIDED.

POLICY FOR POSITIVE BEHAVIOUR AND CONDUCT

Approved by Governing Board – 04/14

The Hillcrest Academy Policy for Positive Behaviour aims to create a safe, caring and collaborative community that develops students' self-esteem, encourages academic curiosity and promotes life-long learning. This policy is based on the central belief that all students have **rights and responsibilities** (see page 9). All students have a **right** to learn in a safe and respectful environment. All students have an **obligation** to choose behaviours that do not infringe upon the rights of others.

The school-wide discipline techniques consist of **rules, routines and interventions** that are implemented by all Hillcrest staff to support positive behaviour and respond to student impropriety. Student misbehaviours may lead to the following: reflection period, removal of privileges, detention, special work assignments, and/or communication with the parents. Our policy is designed to encourage positive behaviours and to help students understand when they have chosen to behave inappropriately.

HILLCREST ACADEMY STUDENTS ARE REQUIRED TO FOLLOW THIS BEHAVIOUR AND CONDUCT POLICY

1. I arrive on time; I am punctual for classes and dismissal.
Parents must sign-in late arrivals (after 8:55 AM)
2. I am ready with all the necessary materials to complete my work, PE clothes and library books & flute.
3. I wear my uniform and dress appropriately with proper footwear and clothing for the weather.
4. I do not bring a cell phone, electronic devices or any inappropriate item to school.
5. I am calm and walk quietly at all times when circulating in the hallways, stairs and washrooms.
6. I follow recess rules; play in designated area and line-up calmly to enter when the bell rings.
7. I respect the lunch supervisor and follow the lunchtime rules.
8. I show respect towards others and use polite language.
9. My behaviour is always safe and never careless. Aggressive acts or threats will not be tolerated.
10. I respect my school environment and the property of others. I am responsible when using the school equipment and must replace any lost or broken materials.

CHARACTER BUILDING

Every month, we pick a theme and have a school wide assembly to promote the month's character trait to be developed.

LEADER BY EXAMPLE CERTIFICATES: Homeroom teachers acknowledge selected students that show an exemplary behaviour in school.

ANTI-BULLYING & ANTI-VIOLENCE PLAN (ABAV)

Approved by Governing Board – 04/14

As defined by **Law 19**, bullying can be physical, verbal or non-verbal intimidation. A repeated aggressive behaviour that is **persistent, intentional**, and involves an imbalance of power. If you are a victim of bullying or a witness to bullying, speak up and make your voice heard until someone helps. **Tell a teacher, a supervisor, a parent, the administration or a trusted adult.**

The word **bullying** means any repeated direct or indirect behaviour, comment, act or gesture, whether deliberate or not, including in cyberspace, which occurs in a context where there is a power imbalance between the persons concerned and which causes distress and injures, hurts, oppresses, intimidates or ostracizes.

The word **violence** means any intentional demonstration of verbal, written, physical, psychological or sexual force, which causes distress and injures, hurts, or oppresses a person by attacking their psychological or physical integrity or well-being, or their rights or property.

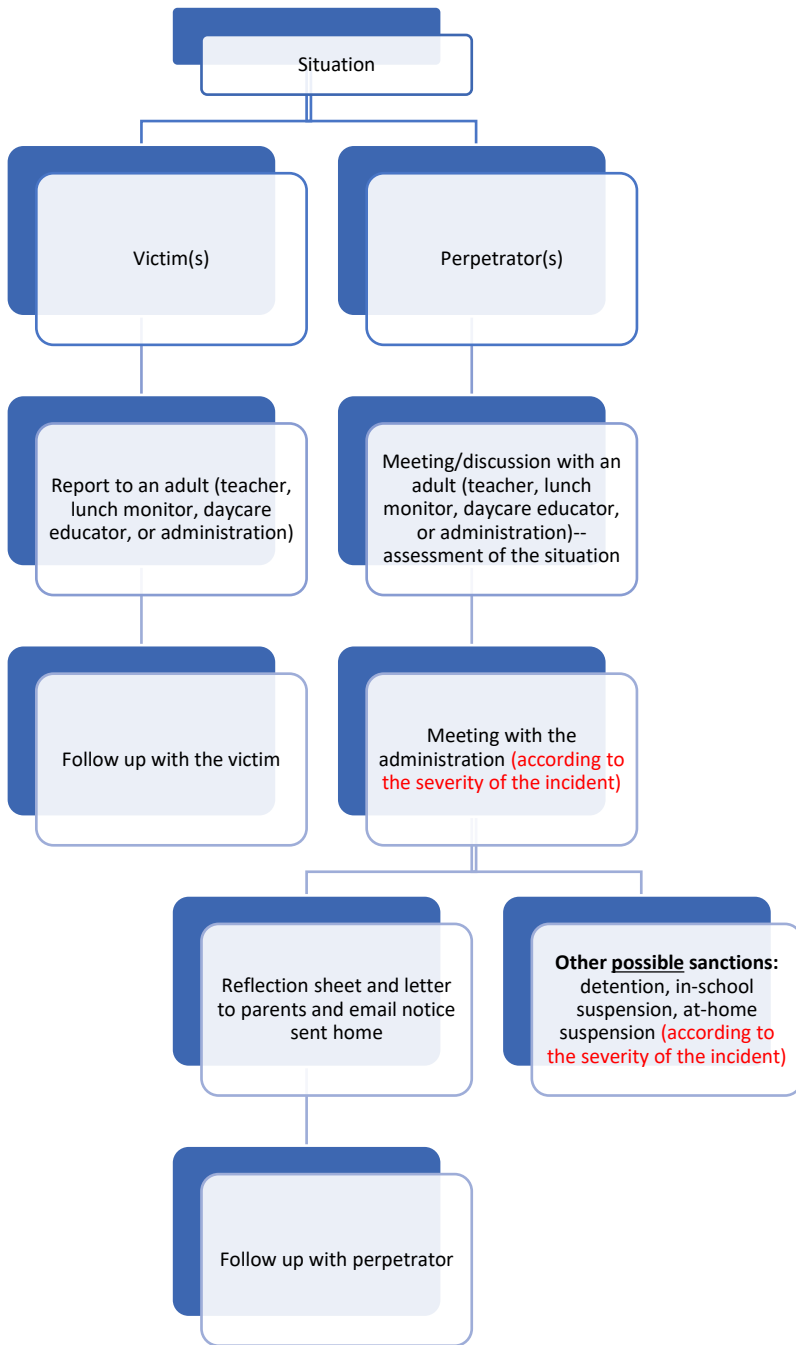
Bullying or violence are not tolerated and require intervention should they occur.

Bullying is not fighting; it is aggression with an imbalance of power and not necessarily a physical fight. A jostle, fight, insult or threat restricted to two individuals on equal power footing is not considered bullying. *These definitions are from law 19 and are not created by our school.*

The full version of our ABAV plan is posted on our website www.swlauriersb.qc.ca/schools/hillcrest.

DISCIPLINE CHART

This chart represents the path which is generally taken at Hillcrest when a discipline issue occurs; however, all situations are different and the path may be altered by the administration accordingly.



STUDENTS' RIGHTS AND RESPONSIBILITIES	
AS A STUDENT, I HAVE THE RIGHT...	AS A STUDENT, I HAVE THE RESPONSIBILITY...
to an education;	to learn and to respect other people's right to learn;
to be loved and respected;	to show care and respect towards others;
to be protected from harm or neglect;	not to hurt or bully another person;
to be heard;	to listen to others;
to freedom of thought, culture and beliefs;	to respect another person's thought, culture and beliefs;
to a clean environment at home and at school;	to keep property clean and to respect the environment;
to sufficient food;	not to waste food;
to proper medical care;	to take care of my health and hygiene;
to special care for special needs;	to be the best I can be;
to relax, play and join in activities;	to include everyone in games and activities;
to make mistakes.	to learn from my mistakes.