

# HILLCREST

## AFTER SCHOOL ACTIVITIES

### Spring Special!

Receive a 10% discount when you register for more than one activity! Contact us at [haafterschool@outlook.com](mailto:haafterschool@outlook.com)

10% OFF

To register visit:

<https://campscui.active.com/orgs/AssociationFoyerEcoleAcademieHillcrest?orglink=camps-registration>

The Hillcrest Academy After School Activities provide students with enriching experiences and a variety of disciplines that will assist them in achieving a well-rounded education.

### Cooking Grade K - 6

Unleash your inner chef in this fun, hands-on culinary experience. Together with our long time in house cooking teacher Mrs. Alba, students will learn basic cooking skills and enjoy the delicious dishes they create with their friends and family. Recipe book provided at the end of the session.



### Yoga Grade K - 6

Discover the art of Yoga and be in harmony with yourself. Learn breathing exercises, physical postures, relaxation and meditation, all designed to bring us into the present moment. Through the practice of yoga, we unite with ourselves and with the world in an authentic way - in a way that brings us peace and joy.



### Rock'n Reptiles by Reptizoo Grade K - 6

Unravel the mysteries about reptiles and learn more about some of the animals we share our planet with. This exciting and interactive program takes a hands on approach. Every week we will meet new exotic reptiles. The students will play games, take fun quizzes and work on team building activities. There are a variety of prizes given out to all students throughout, and each child will take a photo with one of their favourite Reptizoo animals. On the last day we hand out their photos and a piece of reptile skin as a souvenir. This program features different animals than our Animal Kingdom program.



### Soccer Grade K - 3 (Junior), Grade 4 - 6 (Senior)

Practice the world's greatest game! You will participate in individual and team exercises to improve your passing, shooting and ball control. Improve your footwork and learn to deke players on the opposite team. Each class will end with a friendly game!



### Floor Hockey Grade K - 3 (Junior), Grade 4 - 6 (Senior)

Practice our national sport in your school gym! Improve your stick handling and perfect your passes and shots on net by participating in individual and team exercises. Each class will end with a friendly game!



### Armenian Classes Grade 1 - 6

Students will learn the Armenian alphabet, how to read and how to write. They will also be introduced to Armenian traditions, culture and history.



### Greek Classes Grade K - 6

Students who enroll in the Greek Heritage Program will gain knowledge about Greek history, geography, religion and civilization through readings and discussions. Learning about culture, customs and traditions will also be integrated into each grade level. The goal of this program is to make all students proud of their Greek heritage. It is our shared responsibility to preserve the Greek Language and promote the values and beliefs of the Greek culture. Strongly consider enrolling your child in the third session of the Greek Heritage Program.





## The Next Generation Cartooning by Shelltoons

Grade 3 - 6

Discover video game themed projects and learn to draw some of your favorite characters! Let the creative forces be with you! Create a revolving Lego Man! Beware for the carnivorous plant's bite! The Pokémon are Back! Say Cheese and MINECRAFT selfie yourself! Each Child will receive a Shelltoons drawing book!



## Mad About Senses by Mad Science

Grade K - 2

Mad Science invites your children to have fun with awesome science experiments! They will have the chance to discover the strengths and weaknesses of their senses. They will learn how objects react to heat, test their sense of smell and even talk like Darth Vader! They will explore the science of magnetism and enjoy recreating their food's journey through their digestive system! And as an added bonus, after every class they get to leave with their very own science take-home!



## Brixology by Mad Science

Grade 3 - 6

Step into the shoes of an engineer! Our Brixology program is geared for those curious minds who want to learn all about the different fields of engineering. Become an aerospace, civil, or mechanical engineer (and more) in this creative LEGO-based science program. Use critical thinking, cooperation, and creative problem-solving to test and improve creations. Experience extended learning with a take home toy to reinforce each concept.



## Ultimate Games

Grade 4 - 6

Be prepared to spend tons of energy while having a blast! Each week you will play several coop games and popular sports at a fast pace; dodgeball, capture the flag, bulldog, relay races, Kim-ball and more! Ultimate Games is perfect for those who love variety!



## Activities Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
MOVE	Ultimate Games (4-6)	Senior Soccer (4-6)	Yoga - All Levels	Senior Floor Hockey (4-6)	Junior Soccer (K-3)
	Junior Soccer (K-3)		Karate		Junior Floor Hockey (K-3)
LEARN	Cooking - All Levels	Cooking - All Levels	Cooking - All Levels	Cooking - All Levels	Cooking - All Levels
	Greek Junior (K-3)	Greek Junior (K-3)	Greek Senior (4-6)	Greek Senior (4-6)	Repti-Zoo - All Levels
		Mad Science Brixology (3-6)	Repti-Zoo - All Levels	Armenian Junior (1-3)	
		Armenian Senior (4-6)		Mad About Senses (K-2)	
CREATE		Cartooning: The Next Generation (3-6)			

**Register Now!**  
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For more information about our programs please contact us at [haafterschool@outlook.com](mailto:haafterschool@outlook.com)

